



CEDARS-SINAI
BLOOD DONOR SERVICES

South Tower • Street Level • Room 1690
1-877-71 – BLOOD (1-877-712-5663) • www.Cedars-Sinai.edu/DonateBlood



Blood Donor Guidelines

To qualify, donors must meet these FDA requirements:

- ◆ Be at least 17 years old (*no upper limit*), healthy, feel well on day of donation.
- ◆ Weigh at least 110 pounds.
- ◆ No dental surgery within 72 hours prior to donation.
- ◆ Not currently taking antibiotics for an infection. Acne treatment is OK.
- ◆ Not taking the medications Accutane, Proscar, Propecia, Absorica, Claravis, Myorisan, Sotret, or Zenatane in the past 30 days.
- ◆ Not taking the medications Avodart or Jalyn in the past 6 months, Soriatane in the past 3 years, or ever taken Tegison.
- ◆ No travel to a malaria area in the past 12 months.
- ◆ No tattoos or permanent make-up within the past 12 months.
- ◆ Ear and body piercing is OK if done with sterile, single-use needles. 12-month deferral if other methods used.
- ◆ Cancer-free during the last year. OK if treated for localized skin cancer.
- ◆ Never used intravenous or IV drugs.
- ◆ No history of hepatitis after the age of 11. No close contact in the past 12 months with someone who has hepatitis.
- ◆ No history of HIV (AIDS).
- ◆ Cannot donate if you have:
 - Spent a combined total of 3 months or more in the United Kingdom from 1980 -1996.
 - Spent a combined total of 5 years or more in Europe from 1980 -the present (*including time spent in the UK from 1980-1996*).
 - Resided on a US military base in Europe for 6 months or more from 1980-1996.
- ◆ Male donors must not have had sex with another male (*even once*) since 1977.

Prior to your donation, be sure to have something to eat and extra water to drink!

If questions about your eligibility -OR- interested in supporting this important cause with your very own blood drive event, please contact Dave Keys:

(310) 717-5996 • KeysD@cshs.org

*Strong Communities
are built on safe blood.*

MASS High School

BLOOD DRIVE

**Tuesday • April 14, 2015
9:00AM - 2:30PM**

Located inside the Multi-Purpose Room

**Required to have signed parental consent.
Sign up in advance for an Appointment Time.**

**NEW 2015 SHIRT!
All donors receive a newly designed shirt!**



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We Need EVERYONE'S Help For This Important Cause!

PLEASE TURN PAGE FOR DONOR GUIDELINES →